



2026-2027 Advising Worksheet

Bachelor of Science in Education in Teaching K-12 Physical Education & Health (PHEDBS)

English Core (6 hours):

- _____ ENGL 10103^ Composition I
- _____ ENGL 10203^ Composition II

Science Core (8 hours)

- _____ ANTH 10143^ Intro to Biological Anth. &
- _____ ANTH 10141^ Intro to Biological Anth. Lab
- _____ ASTR 20003^ Survey of the Universe &
- _____ ASTR 20001^ Survey of the Universe Lab
- _____ CHEM 10003 Chem. in Modern World &
- _____ CHEM 10001 Chem. In Modern World Lab
- _____ ENSC 10003^ Environmental Science &
- _____ ENSC 10001^ Environmental Science Lab
- _____ ENTO 10203 Insects, Science, Society &
- _____ ENTO 10201 Insects in Science Lab
- _____ GEOL 11103^ Physical Geology &
- _____ GEOL 11101^ Physical Geology Lab
- _____ GEOL 11203 Earth Science &
- _____ GEOL 11201 Earth Science Lab
- _____ PHYS 10243^ Physics & Human Affairs &
- _____ PHYS 10241^ Physics & Human Affairs Lab

Full list of core science choices at catalog.uark.edu

Social Sciences Core (9 hours):

- _____ PSYC 20003^ General Psychology
- And choose two from:**
- _____ AGECE 11003^ Agri Microeconomics
- _____ AGECE 21003^ Agri Macroeconomics
- _____ ANTH 10203^ Cultural Anthropology
- _____ COMM 10203^ Comm Diverse World
- _____ ECON 21003^ Macroeconomics
- _____ ECON 22003^ Microeconomics
- _____ ECON 21403^ Basic Economics
- _____ GEOG 11103^ Human Geography
- _____ GEOG 21003^ World Regional Geog.
- _____ HDFS 14003^ Life Span Development
- _____ HDFS 24103^ Family Relations
- _____ HDFS 26003^ Rural Fam & Comm
- _____ HIST 11193^ World Civilizations I
- _____ HIST 11293^ World Civilizations II
- _____ HIST 20003 Hist. Amer. Ppl to 1877
- _____ HIST 20103 Hist. Amer. 1877 - pres.
- _____ HIST 20903 Animals in World History
- _____ HUMN 111H4 Roots of Culture
- _____ HUMN 211H4 Birth Modern Culture
- _____ INST 20103 Intro Int'l/Global Studies
- _____ INST 211H4 Path Global Soc. Change
- _____ JOUR 10203 Media & Society
- _____ PLSC 20003 Amer. National Gov't
- _____ PLSC 20103 Comparative Politics
- _____ PLSC 21003 State & Local Gov't
- _____ PLSC 28103^ Intro to Int'l Relations
- _____ RESM 28503^ Leisure and Society
- _____ SOCI 10103^ General Sociology
- _____ SOCI 20103 Social Problems
- _____ STEM 20003 Art of STEM Comm.

Math Core (3 hours):

- _____ MATH 11003 College Alg. **OR** higher

US History/Government Core (3 hours):

- _____ HIST 20003 Hist. of Amer. People to 1877
- _____ HIST 20103 Hist. of Amer. 1877 - present
- _____ PLSC 20003 Amer. National Government

Humanities Core (3 hours):

- _____ Any Inter I Foreign Language (20103)
- _____ AAST 20203 African American Experience
- _____ ANTH 10303 Intro to Archaeology
- _____ ARCH 10103 Diversity and Design
- _____ CLST 10003^ Intro Classic Studies: Greece
- _____ CLST 10103^ Intro Classis Studies: Rome
- _____ COMM 12303^ Media, Comm & Citizen.
- _____ DANC 10003 Dance Appreciation
- _____ DASC 21303 Data Privacy & Ethics
- _____ ENGL 11103^ World Lit I: Begin - 1650
- _____ ENGL 11203^ World Lit II: 1650-present
- _____ ENGL 12103^ Intro to Literature
- _____ ENGL 20103 Creative Writing I
- _____ GNST 20003^ Intro Gender Studies
- _____ HUMN 112H4 Equilibrium Cultures
- _____ HUMN 22103 Intro World Religions
- _____ LALS 20103 Latin Amer. & Latino Studies
- _____ MRST 20103 Intro Medieval Renaiss.
- _____ MUSY 20003^ Music in World Cultures
- _____ PHIL 20003^ Introduction to Philosophy
- _____ PHIL 21003 Introduction to Ethics
- _____ PHIL 22003 Logic
- _____ PHIL 23003 Human Nature & Meaning Life
- _____ PHIL 31003 Ethics & the Professions
- _____ THTR 10003^ Theatre Appreciation
- _____ THTR 10103^ Musical Theatre App.

Speech (3 hours):

- _____ SPCH 10003^ Public Speaking

Pre-PHED (12 hours)

- _____ PBHL 11003 Personal Health & Safety
- _____ PHED 20203 Sport Skills (Fa)
- _____ PHED 23703 Elementary PE (Sp)
- _____ CIED 10103 Introduction to Education

PHED Core (27 hours)

- _____ PHED 31603^ Applied Kinesiology (Fa)
- _____ PHED 32003 Principles & Prob Coach (Fa)
- _____ PHED 32203 Motor Development (Sp)
- _____ PHED 36203 Sport Sociology (Sp)
- _____ PHED 39003^ Adapted Physical Educ. (Fa)
- _____ CIED 30303^ Class Learning Theory
(Pre-req: CIED 1010 or PSYC 20003)
- _____ CNED 30503 Helping Relationship **OR**
(Pre-req: PSYC 20003)
- _____ CNED 40003 Classroom Relation Skills
(Pre-req: Junior Standing)
- _____ PHED 30003 Outdoor Education (Fa)
- _____ PHED 30403 Teaching Fitness (Sp)

[Learn about the accelerated master's program in PHED](#)

Fine Arts Core (3 hours):

- _____ ARCH 10003^ Architecture Lecture
- _____ ARHS 10003^ Art Lecture
- _____ COMM 10003^ Film Lecture
- _____ DANC 10003 Dance Appreciation
- _____ ENGL 20103 Creative Writing I
- _____ HUMN 211H4^ Birth Modern Culture
- _____ LARC 10003^ American Landscape
- _____ MUSC 10003^ Experiencing Music
- _____ MUSC 10103^ Music and Society
- _____ MUSC 13303 Popular Music
- _____ THTR 10003^ Theatre Appreciation
- _____ THTR 10103^ Musical Theatre App.
- _____ THTR 16803 Acting I
- _____ THTR 18803 Acting Theatre Majors

Application to PHED

Complete CIED 10103, PBHL 11003, and PHED 20203 **OR** PHED 23703.

Apply to the program through [RED Hub](#).
Includes submission of background check.
2.5 GPA required.

Senior PHED Fall (15 hours):

Pre-requisite: admission to program, 2.5 GPA, and take Praxis by August 1

- _____ PHED 35703 School Health Program
(Pre-req: PBHL 11003)
- _____ PHED 43206 PHED Internship I
- _____ PHED 47403 Secondary Physical Ed
- _____ PHED 47003 Assessment in PE

Senior PHED Spring (15 hours):

Pre-requisite: admission to program and 2.5 GPA

- _____ PHED 40203 Classroom Management
- _____ PHED 40709 PHED Internship II
- _____ PHED 47303 Senior Seminar

General Electives (13 hours)

- _____ UNIV 10051^ University Perspectives

_____ PHED 40001 Coaching Practicum
Coaching Practicum is not required for the PHED degree but is required for coaching endorsement.

Notes