

College of Education & Health Professions
2021-2022 Teaching K-12 Physical Education & Health (PHED)
Program of Study



English Core (6 hours):
 _____ ENGL 1013 Composition I
 _____ ENGL 1023 Composition II

Science Core (8 hours):
 _____ BIOL 1543/1541L Prin of Biology w/Lab
 _____ BIOL 2443/2441L Hum Anatomy w/Lab

U.S. History /Govt. Core (3 hours):
 _____ HIST 2003 U.S. History to 1877
 _____ HIST 2013 U.S. History since 1877
 _____ PLSC 2003 Amer National Govt'

Social Sciences Core (9 hours) choose:
 _____ PSYC 2003 General Psychology

And choose two from:
 _____ AGECE 1103 Agricultural Microeconomic
 _____ AGECE 2103 Agricultural Macroeconomic
 _____ ANTH 1023 Cultural Anthropology
 _____ COMM 1023 Comm in a Diverse World
 _____ ECON 2013 Macroeconomics
 _____ ECON 2023 Microeconomics
 _____ ECON 2143 Basic Economics
 _____ GEOS 1123 Human Geography
 _____ GEOS 2003 World Regional Geog.
 _____ HDFS 1403 Life Span Development
 _____ HDFS 2413 Family Relations
 _____ HDFS 2603 Rural Sociology
 _____ HIST 1113 World Civilization I
 _____ HIST 1123 World Civilization II
 _____ HIST 2003 U.S. History to 1877
 _____ HIST 2013 U.S. History since 1877
 _____ HIST 2093 Animals in World History
 _____ HUMN 1114H Honors Roots of Culture
 _____ HUMN 2114H Birth of Modern Culture
 _____ PLSC 2003 American National Govt.
 _____ PLSC 2013 Comparative Politics
 _____ PLSC 2203 State and Local Govt.
 _____ RESM 2853 Leisure and Society
 _____ SOCI 2013 General Sociology
 _____ SOCI 2033 Social Problems

Fine Arts Core (3 hours) choose one:
 _____ ARCH 1003 Architecture Lecture
 _____ ARHS 1003 Art Lecture
 _____ COMM 1003 Film Lecture
 _____ DANC 1003 Movement and Dance
 _____ ENGL 2023 Creative Writing I
 _____ HUMN 2114H Birth of Modern Culture
 _____ LARC 1003 American Landscape
 _____ MLIT 1003 Experiencing Music
 _____ MLIT 1013 Music and Society
 _____ MLIT 1333 Popular Music
 _____ THTR 1003 Theatre Lecture

General Electives (11-12):

Humanities Core (3 hours) choose one:
 _____ AAST 2023 African American Expe
 _____ ARCH 1013 Diversity and Design
 _____ CLST 1003 Intro Class Studies: Greece
 _____ CLST 1013 Intro Class Studies: Rome
 _____ COMM 1233 Media, Comm & Citz
 _____ ENGL 1213 Intro to Literature
 _____ GNST 2003 Intro to Gender Studies
 _____ HUMN 1124H Equilibrium of Cultures
 _____ HUMN 2124H 20th Cent Globa Cultur
 _____ MRST 2013 Medieval & Renaissance
 _____ MUSY 2003 Music in World Cultures
 _____ PHIL 2003 Intro to Philosophy
 _____ PHIL 2103 Intro to Ethics
 _____ PHIL 2203 Logic
 _____ PHIL 3103 Ethics and the Professions
 _____ WLIT 1113 World Lit I
 _____ WLIT 1123 World Lit II

K-12 PHED Requirements (45 hours):
 _____ CIED 3033 Class Learning Theory
 (Pre-Req: PHED 1003)
 _____ COMM 1313 Public Speaking
 _____ CNED 3053 Helping Relationship **OR**
 (Pre-req: PSYC 2003)
 _____ CNED 4003 Classroom Relation Skills
 (Pre-req: Junior Standing)
 _____ EXSC 3013 Functional Anatomy **S OR**
 (Pre-req: BIOL 2443/2441L)
 _____ EXSC 3353 Mechanics/Human Move
 (Pre-req: BIOL 2213/2211L, 2443/2441L)
 _____ PHED 1003 (Intro) Physical Education
 _____ PBHL 1103 Personal Health & Safety
 _____ PHED 2023 Sport Skills **S/F**
 (Pre-req: PHED 1003)
 _____ PHED 2373 Elementary PE **S/F**
 (Pre-req: PHED 1003)
 _____ PHED 3203 Prin/Problem Coach **S/F**
 _____ PHED 3223 Motor Development **S/F**
 _____ PHED 3413 Admin in PE **S**
 _____ PHED 3573 School Health Program **F**
 (Pre-req: PBHL 1103)
 _____ PHED 3623 Sport Sociology **S**
 _____ PHED 3903 PE for Special Pop **F**
 (Pre-req: Junior Standing)
 _____ PHED 3163 Exercise Physiology **F OR**
 (Pre-req: BIOL 2443/2441L)
 _____ EXSC 3153 Exercise Physiology
 (Pre-req: BIOL 2213/2211L, 2443/2441L)

All Education students must apply to the Office of Teacher Education & complete a background check.

FALL Sophomore Year:
<https://teacher-education.uark.edu>

PHED Pedagogical Courses (16-17):

(Must be admitted to the program Teaching PHED K-12, cumulative GPA 2.5.)

_____ PHED 3003 Outdoor Education **F**
 _____ PHED 3033 ED Rhy & GYM **S**
 _____ PHED 3043 Teaching Fitness **S**

Senior PHED Courses (16-17):

(2.7 cumulative GPA required)
 _____ PHED 432V Teaching Practicum **F**
(This course must be taken the semester before PHED 407V internship)
 _____ PHED 4743 Secondary Physical Ed **F**
 _____ PHED 4703 Assessment in PE **F**

Senior Block Internship (12 hours):
Internship Eligibility Requirements:

- ✓ Maintain 2.7 cumulative GPA through degree completion
- ✓ Complete or present proof of registration for Praxis II exams required for ADE; K-12 PHED
- ✓ C or better in PHED 1003, PHED 2023, PHED 3033, PHED 3043, PHED 3203, PHED 2373, PHED 4703, PHED 3743, PHED 3903, PHED 432V, PHED 3003, PHED 3623, PHED 3413

_____ PHED 4023 Classroom Management **S**
 _____ PHED 407V PE Teaching Interns (6hrs)
 _____ PHED 4733 Senior Seminar **S**

_____ PHED 4001 Coaching Practicum
(Coaching Practicum is not required of the PHED degree but is for coaching endorsement. Information: coe.hp.uark.edu)

Notes: